

John Kretschmer Sailing

Ocean Passage Packing List

What to bring-

- Remember that space is limited and you will be living out of your duffel bag. Pack in one duffel only. There is no place to stow hard side luggage. Each person is allotted only a few cubic feet for personal storage. There are duffels that zip up the side, across the top, and down the other side so it will open up and lay out. These are easier to get your things out of without digging around than traditional duffels with a slit opening.
- A couple of plastic trash bags for dirty or wet clothing
- Rolling clothes and putting a rubber band around them makes it easier to get something out of the duffel without pulling everything out.
- Items made of synthetic fabrics are better than natural. They do not absorb water and will dry faster. Hatches and ports are usually kept closed at sea and the interior of the boat can become damp.
- Loose clothing is better than tight

What not to bring- Firearms, illegal substances, anything large, anything really expensive including your good jewelry, valuable family heirlooms or anything else that obviously won't fit. The need for a lot of privacy or creature comforts

Clothing

- Duffel Bag
- Sleeping Bag
- Foul Weather Gear
- Safety Harness
- Deck Shoes
- Sun Hat, cap or visor
- Warm Clothing – synthetic jacket or pullover and pants
- Polo or T-Shirts
- Swimsuit
- Underwear
- Socks
- Belt
- Hankerchiefs

Documents and other stuff

- Passport
- Airline Tickets
- Drivers License
- Credit Cards
- Some Cash

- Reading Material
- Navigation Tools and Sextant if you wish

Personal Articles

- Sun screen – **and use it.** Nothing will ruin your trip faster than painful sunburn. There are brands that are alcohol-based rather than cream-based. They dry faster and do not leave a sticky feeling on you or the boat. SPF 30 or higher
- If you wear glasses bring 2 pairs and straps
- Sunglasses and strap
- Motion medication if you need it – the patches and wristbands seem to work for most folks
- Personal hygiene articles